



Anderson Township Senior Center
7970 Beechmont Ave.
Anderson Township, OH 45255
andersontownshipoh.gov/senior-center

Check out event and program information on Facebook
@FriendsofAndersonTownshipSeniorCenter

The Anderson Township Senior Center will be closed Monday, May 30 and Monday, July 4.

Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 a.m.				Beg Watercolors (1 st and 3 rd Thurs)	
9:30 a.m.	Silver Sneakers Cardio Oil Painting	Silver Sneakers - Strength and Balance	Woodcarvers Walking Club**	Silver Sneakers Yoga	Silver Sneakers Cardio
10 a.m.	Beginner Bridge		Blood Pressure New Euchre Group - first & third	Bridge	
10:30 a.m.					Tai Chi with Jennifer (Not on last Fri of each month)
11 a.m.				Better Balance Safer You-George	
11:30 a.m.		Better Balance Safer You-George			
11:30 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12:00 p.m.		Quilting			
12:15 p.m.	Line Dancing				
12:30				Better Balance Safer You-George	

*All classes are at ATSC unless noted.

** Meet at Beech Acres; If inclement weather, meet in Eastgate Mall

*** Forestville Baptist Church

*And in the end it's not the years in your life that count.
It's the life in your years.*

— Abraham Lincoln

MAY/JUNE 2022

SENIOR Lifestyle

A PUBLICATION OF THE ANDERSON TOWNSHIP SENIOR CENTER

Seniors Give Back to the Community

The members of the Anderson Township Senior Center are not only active and involved, but they are also generous. In the past year, even with COVID restrictions, our seniors have donated their time and talents to a variety of community organizations, including:

- New children's books to Mt. Washington Elementary's kindergarten classroom, donated by our book club.
- Hats to the Angel Tree Project, providing gifts for children whose parents are imprisoned, made by our Creative Circle.
- Scarves, hats, socks, shawls to men's and women's homeless shelters and Mary Magdalen House.
- Comfort shawls to the Oncology and Hematology Center on Ivy Point Boulevard.
- Hats for newborns to Mercy Health-Anderson Hospital.
- Prayer squares to Hospice of Southwest Ohio
- Kroger gift cards to the Brown County Veterans as a Christmas gift.
- Plastic bottle caps to the Bottle Caps to Benches project in Forest Hills School District.



Special Events:

June Birthday Celebration

Thursday, June 30 • Time: 10:30 A.M.

Celebrate June birthdays as well as the birthday of the U.S.A. Music by Rob Lowe, great food and special treats.
Sign up by June 23.

Mission Statement • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: *"To provide services which protect and enhance the quality of life in our community."*
AndersontownshipOH.gov/senior-center

HOURS
Monday-Friday
9 a.m.-2 p.m.
PHONE
513.474.3100

Claire O'Connell
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COconnell@AndersonTownshipOH.gov
Janell Schaeffer
Member Services Coordinator
JSchaeffer@AndersonTownshipOH.gov

Movie Monday

Monday, May 2 • Time: 10:30 A.M.
Start off the 1960s month with television and video clips from this decade. Join us for a trip down memory lane.

Memory Café

Tuesday, May 3 • Time: 10:30 A.M.
Memory Cafés are comfortable gatherings that allow people with dementia and their care partners to socialize and engage in activities together. **Reservations by April 26.**

Country Music With Drake

Wednesdays-May 4 and 18 • Time: 10:30 A.M.

Men’s Discussion Group

Wednesday, May 4 • Time: 10:30 A.M.
Join the men of ATSC for an informal conversation on news of the day, sports, history and sharing stories. Join us!

Spring Tie-Dye

Thursday, May 5 • Time: 10:30 A.M.
We continue our celebration of the 1960s by making something groovy! Bring up to three prewashed white cotton items to dye. Supplies provided. **No cost to members.**

Juniors Helping Seniors - Technology Support

Thursday, May 5 • Time: 3:15 P.M.
Topic: What are the best smart devices to buy? Bring your cell phone, tablet or laptop to receive personal assistance with questions.

Folk Music with Dave Sanders

Friday, May 6 • Time: 10:30 A.M.

Forest-Aires Concert and May Birthday Party – Celebrating the 60s!

Monday, May 9 • Time: 10:30 A.M.
Enjoy our monthly birthday celebration with music, a photo booth, and treats sponsored by Home Instead. Wear your tie-die or hippie clothes. **Lunch reservations by May 4.**

War Bird Museum Tour and Program

Wednesday, May 11 • Time: 12:30 P.M.
Meet at the War Bird Museum, 4021 Borman Drive , Batavia. Learn of America’s WWII aviation history and see 11 fully restored and operational aircraft. **Admission: \$7, free to veterans in uniform and WWII veterans.**

Book Blitzers Movie

Wednesday, May 11 • Time: 1:15 P.M.
Enjoy a movie! Title to be announced.

Greeting Card Class with Beth

Thursday, May 12 • Time: 10:30 A.M.
Cost: \$2. Make reservations early for this popular class.

Piano Music with Annie

Friday, May 13 • Time: 10:45 A.M.

Diane Shields History Program

Monday, May 16 • Time: 10:30 A.M.
She was married 8 times, appeared in numerous movies and had unforgettable violet eyes. Learn about movie star Elizabeth Taylor as part of the center’s 1960s celebration.

Lunchtime 1960s Coffee House

Monday, May 16 • Time: 11:30 A.M.
Sing along with the top hits from the 1960s during lunch.

Brain Health Series – Topic: Brain Boot Camp

Tuesday, May 17 • Time: 10:30 A.M.
Kaisa Hutchinson from Humana will share tips on keeping your brain challenged and healthy.

Heritage Tastings at the Cottage

Wednesday, May 18 • Time: 11:30 A.M.
Meet at this historical cottage at 7664 Wooster Pike. Enjoy a preselected meal in this quaint setting, including finger sandwiches, scones, soup, quiche and dessert. **Cost: \$30. Reserve by May 9.**

Music by Seldom the Same

Thursday, May 19 • Time: 10:30 A.M.

Flute Music with Mark Huffman

Thursday, May 20 • Time: 10:30 A.M.
Enjoy the music of Ol’ Blue Eyes as the 1960s celebration continues.

The British Invasion and American Response

Monday, May 23 • Time: 10:30 A.M.
Author and historian Marty Gitlin visits via Zoom to share stories, videos and trivia behind the beginning of rock and roll. Enjoy music from this era during lunch.

Book Blitzers

Monday, May 23 • Time: 12:30 P.M.
Join the group for a discussion of *Madame Bovary* by Gustav Flaubert. Copies available at the front desk in April.

Terri Gaitskill -Topic: *Signs and Symptoms of Stroke*

Tuesday, May 24 • Time: 10:30 A.M.
Terri, a former nurse and an expert on aging, will share information about this medical emergency.

Guitar Music with Dave Ridenour

Wednesday, May 25 • Time: 10:30 A.M.

Tour and Lunch at Twin Lakes Senior Living Community

Thursday, May 26 • Time: 11 A.M.
Meet at this beautiful facility located at 9840 Montgomery Road, near Old Montgomery. **Reservations required.**

Memorial Day Cookout

Friday, May 27 • Time: 10:30 A.M.
Enjoy a cookout-style lunch with music by Rob Lowe and special treats. Wear your red, white and blue. **Make lunch reservations by May 20.**

Kris Hehn – Home Instead

Tuesday, May 31 • Time: 10:30 A.M.
“I want to stay at home!” Learn how home care can meet the needs of seniors living independently.

Men’s Discussion Group

Wednesday, June 1 • Time: 10:30 A.M.
Join the men of ATSC for an informal conversation on news of the day, sports, history, sharing stories. Join us!

Country Music by Drake

Wednesdays- June 1 and 15 • Time: 10:30 A.M.

Movie Night

Wednesday, June 1 • Time: 5 P.M.
Join for a light-hearted movie. Title to be announced.

Folk Music by Dave Sanders

Friday, June 3 • Time: 10:30 A.M.

Memory Café

Tuesday, June 7 • Time: 10:30 A.M.
Memory Cafés are comfortable gatherings that allow people with dementia and their care partners to socialize and engage in activities in a safe and welcoming environment. **Reservations by May 31.**

Tour and Lunch at Harmony at Anderson

Wednesday, June 8 • Time: 11 A.M.
Meet at 6201 Clough Pike for a tour and lunch at this new senior living facility.

Book Blitzers Movie

Wednesday, June 8 • Time: 11:15 A.M.
Enjoy a movie! Title to be announced.

Greeting Card Class with Beth

Thursday, June 9 • Time: 10:30 A.M.
Cost: \$2. Make reservations early for this popular class.

Flute Music with Mark Huffman

Thursday, June 9 • Time: 10:30 A.M.

The Cincinnati Reds vs. the Arizona Diamondbacks

Thursday, June 9 • Time: Game begins 12:35 P.M • Leave ATSC 11 A.M.
Our first trip of the year to Great American Ball Park! Transportation, lunch and drinks in the Ole Smoky Party Barn, and a seat on the main level of the stadium included. **Price: \$80.**

Piano Music with Annie

Fridays- June 10 and 24 • Time: 10:30 A.M.

Digital Services at the Cincinnati Public Library

Monday. June 13 • Time: 10:30 A.M.
Learn how to access all the digital services offered by the library. Bring your books and movies available for your phone or computer. Bring your library card, PIN and your device to start downloading!

Caption Call Telephone Program

Tuesday, June 14 • Time: 10:30 AM.
Learn about this phone and captioning service and how to obtain a phone at no cost.

Hospice Myths

Wednesday, June 15 • Time: 10:30 A.M.
Trish Szabo, community representative with Queen City Hospice, will discuss the myths and facts about today’s hospice care.

Music by Seldom the Same

Thursday, June 16 • Time: 10:30 A.M.

Lunch at Urban Grill on Main in Newtown

Thursday, June 16 • Time: 11:30 A.M.
Meet at this popular restaurant at 6623 Main Street and enjoy their made-from-scratch specialties and impressive desserts.

The Home Energy Assistance Program

Friday, June 17 • Time: 10:30 A.M.
HEAP helps low-income Ohioans meet home heating needs. Monica Hamilton, from Meals on Wheels, will share services that may benefit seniors.

Diane Shields – Vincent Van Gogh

Monday, June 20 • Time: 10:30 A.M.
Learn about one of the greatest artists of all time.

Brain Health – Restorative Sleep

Tuesday, June 21 • Time: 10:30 A.M.
Steve Long will share tips on how to get a good night’s sleep.

Van Gough – The Immersive Experience

Wednesday, June 22 • Time: Noon
This exhibit combines artwork, storytelling and technology and includes Van Gogh's most famous works in an immersive digital show. Transportation included. **Cost: \$40.**

AARP Safe Driving Program

Monday, June 27 • Time: 8:45 A.M. to 1 P.M.
Members can refresh their driving skills and possibly save on car insurance. Pack a lunch or sign up for lunch at ATSC by May 22. **Cost: \$20. Make checks payable to AARP.**

Book Blitzers

Monday, June 27 • Time: 12:30 P.M.
Join a group discussion of *The Life We Bury* by Allen Eskins. Copies available at the front desk in May.